

**We assist you in applying for
the following federal benefits:**

SNAP

SNAP, formerly known as Food Stamps is the Supplemental Nutritional Assistance Program. It provides monthly funding for individuals and families to help them pay for groceries.

Medicaid

Medicaid is the State and Federal cooperative venture that provides medical coverage to eligible needy persons.

CHIPS

Children in Texas without health insurance may be able to get low cost or free health coverage from the Children's Health Insurance Program (CHIP). Programs cover office visits, prescription drugs, dental care, eye exams, glasses, and much more



**"United to end hunger in
McLennan County."**



**HEALTHY FOOD FOR HEALTHY FAMILIES
SNAP OUTREACH PROGRAM**



Office located at Caritas of Waco,
Program Director Esther Morales

300 South 15th Street
Waco, TX 76707

Phone: (254)753-3545
fax: (254)753 -3545

foodoutreach@grandecom.net
www.mclennanhunger.org



SNAP OUTREACH PROGRAM



**Healthy Food for Healthy
Families**

What is the mission of Helpings?

Our mission is to help individuals obtain the federal benefits they qualify for. We guide our clients through the application process providing them with personal one on one assistance and answering any questions they may have.



No appointment is necessary to apply through the Helpings SNAP outreach program.

Services may be available for homebound, disabled or senior individuals.

We provide assistance in both English and Spanish

The information materials you will need...

Picture ID

A Driver's License, Identification Card, Legal Residential Card, Veterans Card, or any government/State document.

Social Security Number

A social security number must be provided to obtain benefits for you and your family members in your household.

Proof of Income

Social Security, SSI, Disability, award letters, child support payments, paycheck stubs and all other income receipts.

Utilities

Receipts for water, gas, light, phone, child care, house taxes, house insurance, rent, and/or shelter.

Medical Information

Receipts for medications, doctor visits, and over the counter prescriptions.

Address and/ or Phone Number

A current address and/or phone number so that the Texas Department of Human Services can contact you for your interview.

Here's what you get with SNAP...

Upon Approval

Once you are approved, a lone Star Electronic Benefits Transfer (EBT) Card will be issued to you for purchasing food at any local grocery store.



Expedited SNAP Benefits

You could qualify to receive expedited or "Emergency food stamps"

How Much?

The amount that is issued to each person or household is determined by their income and shelter expenses and their health and human services caseworker.

What Can You Buy?

You will be allowed to purchase all food items and seeds for your garden with the exception of prepared items from the Deli (Hot Foods) and vitamins.